

2025 U.S. Masters Swimming 5K Virtual Championship

Women's Individual Results

Age Group	Place	First Name	Last Name	Age	Club Abbr	USMS Number	Individual Time	Quality Points	New Record
25-29	1	Macarena	Martin Mayor	27	SPM	1453-V99EX	1:17:20.13	849	
25-29	2	Delia	Weber	28	FCST	255Z-2R3B5	1:18:00.00	842	
25-29	3	Kaela	Lettieri	28	CM-Y	125N-4EHN7	1:22:28.89	796	
30-34	1	Erin	Short	34	UC21	215M-VTX84	1:08:37.99	918	
30-34	2	Emily	Dammer	34	SPM	145E-TG490	1:26:37.99	728	
35-39	1	Heather	Mohorn	38	IM	2150-07AKS	1:05:33.99	968	
35-39	2	Nicole	O'Keeffe	38	UC02	025D-083NM	1:14:09.59	856	
35-39	3	Julie	Baker	38	OREG	375N-RKC04	1:16:07.46	834	
35-39	4	April	Isa	36	OREG	375Z-9JR5F	1:34:32.66	671	
35-39	5	Jessica	Cutting	39	SYMS	145T-0A5YP	1:39:15.99	639	
35-39	6	Tricia	Baldwin	35	SKY	415W-06XAE	1:51:17.69	570	
40-44	1	Amy	Charley	40	TPIT	1152-061BG	1:14:05.59	849	
40-44	2	Kristin	Novak	41	TPIT	115E-0843M	1:15:35.30	832	
40-44	3	Stephanie	Gibson	42	SPM	145E-H37MJ	1:17:27.99	812	
40-44	4	Kathleen	Pelczynski	40	NCMS	135G-06W4X	1:19:41.38	789	
40-44	5	Sarah	Swoch	40	SPM	145P-02TVT	1:23:44.33	751	
40-44	6	Megan	Tosh	40	OREG	375D-09JSX	1:24:49.99	741	
40-44	7	Rebecca	Latimer	43	CM-Y	125J-023UP	1:25:54.20	732	
40-44	8	Michelle	Cary	44	OREG	3753-9ZMPV	1:28:40.43	709	
40-44	9	Alaina	Taylor	43	ALEX	105M-07ZAY	1:28:52.00	708	
40-44	10	Tamra	Heberling	40	OREG	375W-HFX7P	1:36:13.51	654	
40-44	11	Kathleen	Stutz	43	SFTL	505T-07K8R	1:45:28.13	596	
40-44	12	Christie	Halter	43	OREG	375A-CCJ93	2:00:09.42	523	
45-49	1	Katie	Palavecino	47	ALEX	1051-037H5	1:20:18.00	803	
45-49	2	Helene	Nehrebecki	45	DAM	385M-06JFA	1:23:11.59	775	
45-49	3	Sarah	Maschal	48	ALEX	105W-06W6N	1:28:04.99	732	
50-54	1	Tara	Mack	53	NEM	0254-033P8	1:14:52.50	875	
50-54	2	Suzanne	Dearworth	53	SPM	145G-027H7	1:19:59.30	819	
50-54	3	Julie	Dussliere	53	SFTL	5052-01X4N	1:23:16.82	787	
50-54	4	Tara	Boyd	51	CM-Y	1252-H4MT3	1:32:12.48	711	
50-54	5	Margaret	Hales	53	DSMY	4050-8NAM7	1:34:52.65	691	
50-54	6	Jo	Singh	53	MELO	385W-4PWA1	1:41:15.99	647	
50-54	7	Chandra	Kelley	52	AAMAH	435C-0663T	1:44:00.83	630	

55-59	1 Anne	Cappola	56 1776	085H-022E0	1:13:40.53	877
55-59	2 Heidi	Williams	56 NCMS	1356-022YV	1:20:24.46	804
55-59	3 Sheila	Nelson	57 SRM	385C-024PJ	1:27:55.73	735
55-59	4 Kelly	Oliner	58 UC09	095X-03DVM	1:28:53.64	727
55-59	5 Ingrid	Polk	55 UC50	505A-07ZM1	1:54:53.99	563
60-64	1 Kimberly	Elsbach	62 GFDM	385V-D0NUT	1:12:51.70	958
60-64	2 Stephanie	Couch	61 MELO	385W-03UKW	1:17:55.27	896
60-64	3 Marcia	Cleveland	61 IM	215H-MC944	1:20:29.32	867
60-64	4 Arlene	Delmage	63 OREG	3758-01Z4F	1:20:34.97	866
60-64	5 Sallie	Bartkowiak	60 MICH	195F-0A1DG	1:22:55.99	842
60-64	6 Dawn	Clark	61 SPM	145G-05VRX	1:25:22.00	818
60-64	7 Karen	Lundgren	61 IM	215G-09E7N	1:27:02.14	802
60-64	8 Jane	Russell	62 DAM	3858-074TS	1:28:13.42	791
60-64	9 Jennifer	Phalen	61 DAM	385E-JENNY	1:49:23.28	638
60-64	10 Teresa	Focha	64 ALB	3857-03NDN	1:54:19.69	610
60-64	11 DeLise	Coleman	64 GAJA	4558-02EA1	2:07:03.99	549
60-64	12 Shirlee	Finch	62 UC14	145P-2JVM0	2:07:32.99	547
60-64	13 Leah	Carroll	64 ALB	385E-09H3C	2:08:57.56	541
60-64	14 Angelika	Gilmer	63 MOST	4357-09U32	2:14:04.16	521
65-69	1 Karen	Einsidler	69 SHARK	145U-01S73	1:19:18.48	911
65-69	2 Meg	Reller	67 PBM	505D-0279B	1:26:44.22	833
65-69	3 Tamara	Burton	67 PBM	5059-099CG	1:27:55.99	822
65-69	4 Barbara	McNulty	68 HDMS	115R-005Y8	1:32:53.90	778
65-69	5 Maddie	Diedo	67 MICH	195W-028U9	1:39:11.59	729
65-69	6 Cynthia	Henley	67 SFTL	505M-07SFD	1:47:24.02	673
65-69	7 Janet	Siniscalchi	69 PBM	5059-079VZ	1:50:55.73	651
65-69	8 Barbara	Ingold	66 GAJA	4551-09T6J	1:53:16.80	638
65-69	9 Pamela	Ogden	68 MINN	3059-024JH	2:04:46.99	579
70-74	1 Shirley	Loftus-Charley	74 CM-Y	125X-WATER	1:19:49.86	985
70-74	2 Catherine	Rust	72 PBM	5056-06WNH	1:24:42.99	928
70-74	3 Bess	Hilpert	70 TXLA	435J-02P7J	1:25:23.58	921
70-74	4 Phyllis	Quinn	70 TOC	3850-03F7Y	1:38:34.99	797
70-74	5 Jill	Wright	74 SAWS	595S-01J02	1:49:43.32	717
70-74	6 Linda	Larson	70 SFTL	505V-2WNSA	1:52:28.99	699
70-74	7 Connie	Shuman	70 OREG	375W-026A0	2:24:19.99	545
70-74	8 Monica	Brogan	73 VMST	1250-0A84Y	3:06:53.52	421
75-79	1 Meredith	Moore	76 T2NM	145B-01S4X	1:45:52.01	881
75-79	2 Christine	Ellis	75 AAMAH	435T-V969U	2:18:57.98	671